

Your LifeVac Anti-choking device



Information Pack



**OLIVER STEEPER
FOUNDATION**

www.olliversfoundation.org.uk



Your LifeVac Europe Anti-choking device

Hello,

Please find enclosed your LifeVac Europe anti-choking device for use when first aid fails or cannot be performed.

A legacy.. Oliver's Foundation...

Since the death of our son Oliver, who sadly died in September 2021 after choking on pasta in a nursery in Kent, we knew we had to build a legacy for Oliver to help prevent other parents from experiencing the nightmare we have endured. We miss his beautiful little face, his cheeky little laugh and the joy he brought to our lives in his short time on this planet.

The Oliver Steeper Foundation was created mid 2023 with the intention to provide, free of charge, a lifesaving anti-choking device kit to all registered Early Years Childcare settings. As of January 2024, we have raised over £15,000 and have gifted over 40 kits into settings just like yours.

Our vision is to continue to fundraise as much as we can and raise enough money to fulfil our ambition of donating a device to every setting in Kent. Our aim then is to extend our campaign across the entire United Kingdom.

A reminder on future costs

Due to material degradation, the included masks have a shelf life of 2 years from the manufacturing date. The masks can be purchased directly from www.lifevac.co.uk for a small cost, which was agreed by yourself when you registered your interest for receiving a device. The device itself will not expire. For the above reasons, we strongly advise that you check the expiry dates of your masks regularly whilst undertaking your routine first aid equipment checks.

In the event you have to use your LifeVac

Should you ever have to use LifeVac in a choking emergency, the device and mask will be replaced free of charge by LifeVac Europe. Please report the usage directly to www.lifevac.uk or via the enclosed feedback form to receive your replacement.

Send us photos of your installed device

We would love to see your installed LifeVac devices with our plaque in view so we can share on our social media and tag yourselves in our posts! Please email them to enquiries@oliversfoundation.org.uk

Lastly, we send our sincere thanks for being part of Oliver's legacy and helping to protect our future generations.

Lewis & Zoe Steeper

Lewis & Zoe Steeper



LifeVac training

LifeVac QR Code

Every LifeVac device comes with an easy to scan QR code. When scanned this takes every end user to free training videos. These videos cover device overview, when and how to use a LifeVac device in a choking emergency. These videos also explain how to use LifeVac on someone that is laying down, sitting and standing.

In roughly 70% of LifeVac usages, the end user hasn't received any LifeVac Training. They simply read LifeVac's detailed instruction booklet and scan our QR code.

LifeVac Training – CPD Certified e-learning course

LifeVac have created an easy to use FREE e-learning course which covers:

- Choking prevention
- Case studies
- Device overview
- How and when to use LifeVac in a choking emergency
- How to identify different types of choking
- What can cause a choking emergency
- Videos on the use of LifeVac

Competency Test

After you have successfully completed the above, you will receive a certificate.

Face to face training & virtual face to face training via Zoom or Teams

LifeVac have trained 1000's of people in the use of LifeVac and face-to-face training is a popular option. These training sessions can vary in size to suit your staffing needs and to minimize any disruption to your daily schedule. From 5 people in a session to 20 people in a session and from 1 session a day to 5 sessions a day each person will be trained on the use of LifeVac.

Face-to-face training can be carried out in any location throughout the UK to suit you. LifeVac training covers how LifeVac works and how to use LifeVac in an emergency situation when a casualty is sitting (in a wheelchair), standing or laying down and basic life support has failed.

Each person is shown how to easily identify the correct sized mask with their colour coded identifier and place them into the LifeVac device. They then get to use a LifeVac device on one of our choking Charlie manikin's and dislodge the bolus inside Charlie's airway. When the training session is complete and every trainee feels comfortable in the use of LifeVac to save a life, each person receives a training certificate from LifeVac for their compliance records.

Please note there may be a cost for face to face training payable direct to LifeVac Europe LTD.

To book, or access training please visit www.lifevac.uk





Setting/home checklist

A few things we think are important enough to mention! Childminder kits do not come with a plaque or A3 BLS poster. The poster is available to download from our website and a plaque can be requested by contacting us direct should you wish to display one.

- Install/store your LifeVac carefully in a prominent position**
It's vital that your LifeVac device is mounted in a location which is accessible quickly in a choking emergency. For home settings, we advise not storing in cupboards, keep with your first aid kit.
- Ensure included laminated instruction poster is displayed next to device**
This poster will be in A3 format within the boxes of the wall mounted kits. Home settings can download the poster via our website, or see page 2 of this booklet.
- Book a staff training session**
Either online, through Zoom or face to face. Don't forget all kits come with a training mask that can be used repeatedly.
- Consider writing use of LifeVac into your emergency first aid policy**
When first aid fails or cannot be performed, ensure LifeVac is there for all staff members to use.
- Check mask expiry date regularly**
We strongly advise adding the checking of mask expiry dates as part of routine first aid equipment checks.
- If desired, display included wall plaque to show your support**
Our plaque is included with all wall mounted kits to show your support for our foundation and keep Oliver's legacy alive.
- Send us photos of your installed LifeVac device**
Keep in touch with us and send photos of your setup and/or training sessions that we can use on our social media if you're happy for us to do so. We'll tag you in any posts also!





**OLIVER STEEPER
FOUNDATION**



**LIFEVAC
EUROPE LTD**



About your LifeVac device

LifeVac is designed with a patented one way valve system, this means when applied no air can be forced through the interchangeable sized mask's when depressed. This creates one-way suction to safely and effectively remove the lodged food or object. Being non invasive means there is no risk damaging the oral cavity, pushing the obstruction further down, pushing the tongue back in a panic situation, no tubes can become blocked rendering the device useless or activating the gag reflex putting the casualty at greater risk.

LifeVac is the only non invasive airway clearance device and the only airway clearance device with independent medical testing, peer reviewed medical publications, medical abstracts proving safety, effectiveness and lives saved.

Being non-invasive, there is no risk of any tubes pushing the obstruction further back, pushing the tongue back in a panic situation, or tearing of the lingual frenulum which will cause bleeding and the tongue to become an additional obstruction. Also, there are no tubes that can become blocked which will render the equipment useless if only part of the obstruction has been removed.

LifeVac created the market for airway clearance devices and are leading the way for airway clearance device technology.

Foods that are classed as a choking risk are things such as whole grapes, nuts, marshmallows, hard boiled sweets, chewy sweets such as Haribo and sausages. It is always recommended to cut food up for children, for example you would not give a whole grape to a child as these are a "perfect" size to block their airway, it is recommended to cut grapes in at least half. Infants, children and young people with a neurodisability and those born prematurely are most likely to be at risk of dysphagia, but feeding difficulties also occur in typically developing children.

As of January 2024, LifeVac has saved over 1040 children to date, ranging in age from 4 months old to 16 years of age. They have helped dislodge many things from a child's airway such as: grapes, marbles, coins, popcorn, hot dog, hard boiled sweets, plastic, marshmallow, sandwiches, leaves, yogurt, crisps and much more.

All of these precious children saved have all been when first aid choking protocol has failed.

Should you have to use your device, report the usage to LifeVac and it will be replaced free of charge!



LifeVac is regulated by the MHRA, FDA, TGA, HPFB, MOH, SAHPRA and many more medical device regulatory bodies. LifeVac is also CE registered.

For more information please visit www.lifevac.uk



INSTRUCTIONS FOR USE IN THE CASE OF CHOKING

If a casualty is a victim of choking

1 Encourage the victim to cough.

2 If the cough is not effective give 5 back slaps.



3 If obstruction has not been cleared, follow by 5 abdominal thrusts.



Repeat sequence until blockage is removed or victim becomes unconscious

4



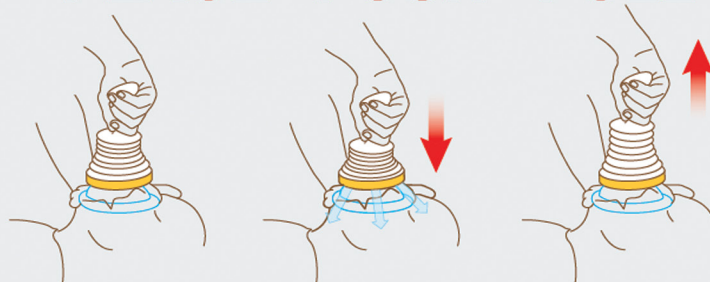
Once unconscious or if steps 2 and 3 cannot be applied, call emergency services and use Lifevac.

Place over mouth and nose creating a good seal with correct sized mask

Push in handle/bellows

Pull handle up sharply

1 PLACE 2 PUSH 3 PULL



REPEAT UNTIL BLOCKAGE IS REMOVED OR UP TO 5 TIMES

If blockage is not removed commence CPR



Oliver Keith Steeper
14/12/20 - 29/09/21

About Oliver

Born on December 14th 2020, Oliver was an absolute joy. Being first time parents during the Covid-19 pandemic certainly had it's challenges, however Oliver would always put a smile on our faces. He had such a cheeky demeanour (one that he's passed onto his little brother!) and his hair just suited this personality - bouncy, spiky and so much of it!

Whilst he wasn't quite there with crawling, he would roll everywhere, you couldn't trust him at all and everything had to be out of reach. He absolutely loved his bouncer, often falling asleep mid bouncing session (we became experts in transferring him to his cot!) He also loved to babble 'dadadadada' all the time, and would wake us up in the morning doing just that. I can still feel the love from that last morning, going into his room. His huge smile making me feel better despite feeling unwell. He was the best medicine, if we were feeling sad, angry, poorly.. Oliver would always know how to cheer us up.

Not a day goes by we don't think of him. The 'what ifs', the imagine memories of Summer days and Christmas celebrations. He has blessed us with his baby brother, Jake, however Oliver is still a huge part of our home life, with photos and memories around the house. He will never ever be forgotten and we hope that the charity will become his legacy, saving others and bringing the same comfort to families in need, the same way he did to us.

Oliver passed away on the 29th September 2021 at the Evelina London Children's Hospital following an incident on the 24th September 2021, whilst attending the Jellybeans Nursery in Ashford, Kent.





Fancy fundraising?

Take a look at Olivers tree of inspiration. Oliver loved trees.. a single branch swaying in the wind would make him laugh uncontrollably.



We have charity collection buckets and hand held pots available. We can also supply branded T-shirts and more upon request.

We will support your fundraising event in the best way we can with promotion via social media, email campaigns or even attending your event in person subject to work commitments.

Once your event has finished and the total is known, you will be issued a thank you certificate and placed onto our website list of completed fundraisers.



Some of the settings LifeVac has been donated to...



Rolvenden Pre-School



City Way Nursery, Rochester



Kaleidoscope Childcare, Aldington



Footprints Pre-School & Nursery, Ashford



Towers Tiny Tots Pre-School, Ashford



Cr8tive Play, Ashford



Little Quackers Nursery & Pre School, Maidstone



Godinton Playschool CIC, Ashford



Happy Days Nursery, Iwade



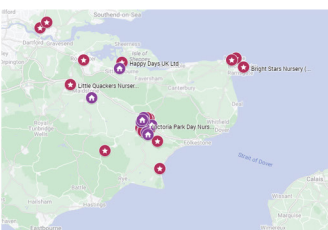
Little Ark Pre-School, Ashford
(Kindly donated by ACE Movements LTD)



Bombini Tribe Day Nursery, Ashford
(Kindly donated by Miles Signs)



Cherrytree Nursery School, Ashford
(Kindly donated by AK Air Conditioning LTD)



Our website features an interactive map showing all the locations where LifeVac has been donated either by our charity, local businesses or settings that have self-funded due to our campaign.

Visit www.oliversfoundation.org.uk





Follow us on social media
@TOSFoundationUK

Useful contacts



**LIFEVAC
EUROPE LTD**

LifeVac Europe are the manufacturers of the device supplied and should be contacted for all technical, training and general enquiries relating to the LifeVac device.

LifeVac Europe LTD | info@lifevac.uk | +44 (0) 1271 316044



**OLIVER STEEPER
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The Oliver Steeper Foundation founded by Zoe and Lewis can be contacted for any information regarding the foundation, fundraising events and donations etc.

Lewis & Zoe Steeper | enquiries@oliversfoundation.org.uk

Want to buy a LifeVac for home or a travel kit for outings?

We have been contacted by schools and parents who wish to buy a device to have at home, or to take on external school trips or activities, and with thanks to LifeVac Europe LTD we now have a discount code giving 10% off the total sale value and LifeVac will donate 15% of each sale back to our foundation.

Please use discount code: **OF10** at the checkout at www.lifevac.uk



Notes and reminders...

Our first mask replacement date is..



Thank you, love Oli x



enquiries@oliversfoundation.org.uk
www.oliversfoundation.org.uk

